

MGN

FREE

Mom Guess What Newspaper

CELEBRATE
NATIONAL COMING OUT DAY
OCTOBER 11

464

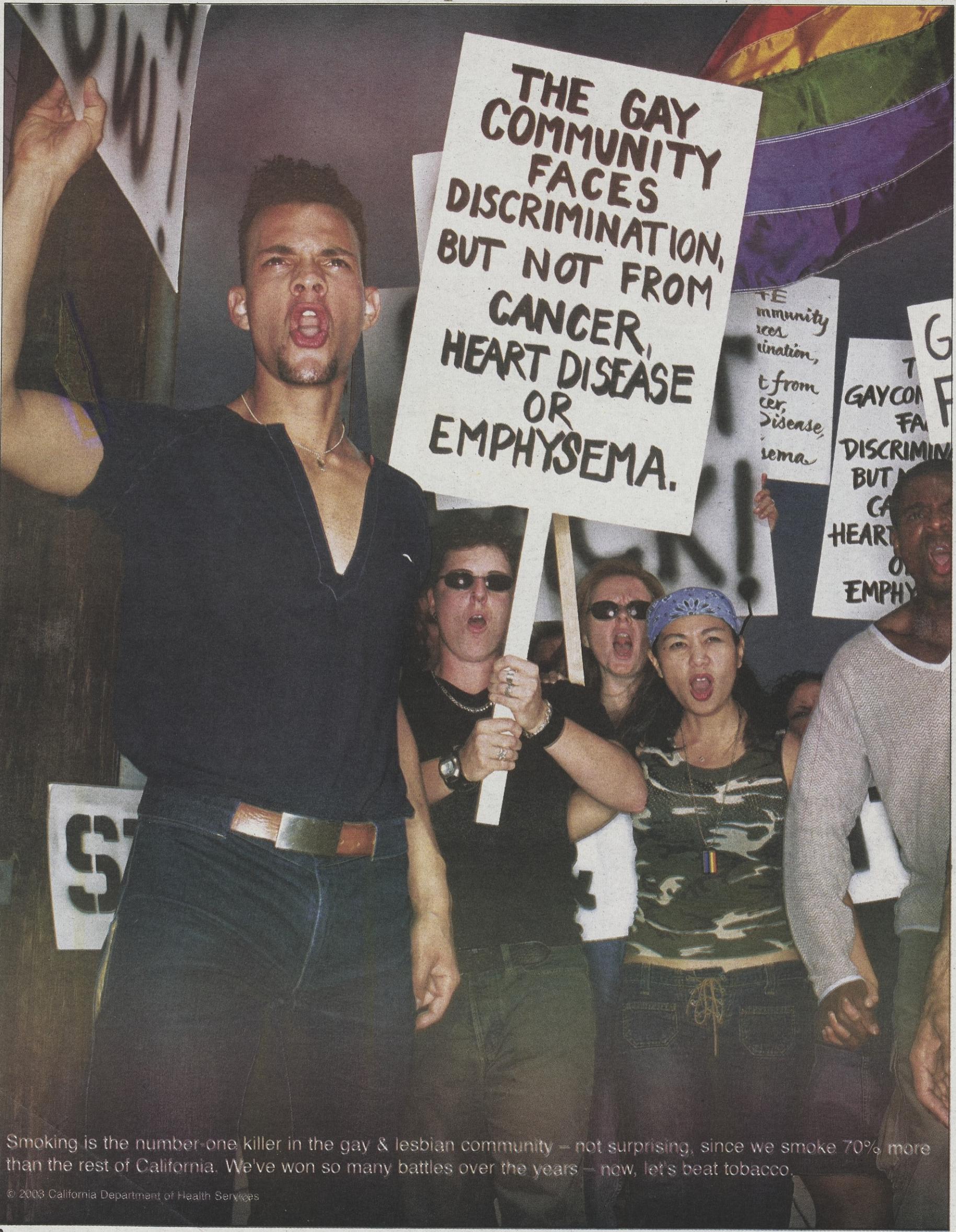
Sacramento's Premier Gay & Lesbian Newspaper Since 1978

Volume 26 ▼ Issue # 464

OCTOBER 1, 2003

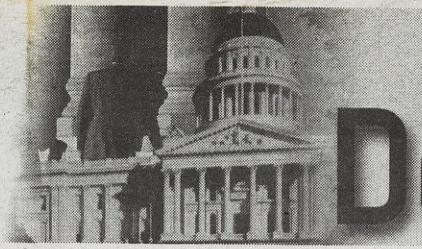
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Smoking is the number-one killer in the gay & lesbian community – not surprising, since we smoke 70% more than the rest of California. We've won so many battles over the years – now, let's beat tobacco.

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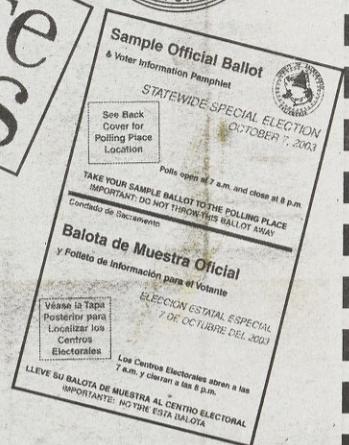
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**Mom Guess What...
Come Out! and
Vote Oct. 7th!**

MGW'S ENDORSEMENTS

my VOTE
counts



The Recall Measure.....
(By voting no, you are voting for Gov. Gray Davis)



Cruz Bustamante.....
(The candidate to succeed (replace) Gray Davis if he is recalled (removed))



Proposition 53.....
Funds dedicated for state and local infrastructure
legislative constitutional amendment



Proposition 54.....
Classification by race, ethnicity, color or national origin.
Initiative Constitutional Amendment

NO

YES

NO

NO

Election Is Back on Course

By Geoffrey Winder
Managing Editor

California's historic Special Election is back on course (after some confusion and contention) for the original date of October 7th, with the gubernatorial ballot containing 135 candidates and two propositions.

The results of October 7th's election will have resounding impact on the political and social arenas in the United States for years to come.

While GLBT and

Community turnout is always important in maintaining the strength, clout and legitimacy of the GLBT vote, this election dictates the fate of a Governor who has furthered legal equality for the GLBT community more than any elected official in the nation's history.

The GLBT community must show that as voters and citizens it supports those who accept it; and refuses to allow divisive discriminatory attempts by the right to fracture it. ▼

VoterInfo:
ss.ca.gov/elections/elections.htm

Prop 53 Money Matters

As the election nears, the number of "No on Recall Yes on Bustamante" endorsements continues to grow for the two-tong democratic strategy, including the recent endorsement from Democratic Party.

Prop. 53 would create another multi-billion spending program at a time when California is already cutting funds for our schools, slashing health care programs for children, the poor and elderly, raising college tuition fees and cutting public safety programs. ▼

Prop 54 Discrimination By Any Other Name

Proposition 54 is a right wing attempt to mask racism, ethnocentrism and nationalism by banning the collection of information and data on race, ethnicity or national origin by governmental and public institutions. The "Racial Privacy" initiative which has the potential to wreak havoc on public health, education and movement towards social equality is being opposed by nearly every progressive, community, civil-rights and social justice organization in the state. ▼

MGW

Mom Guess What Newspaper
SACRAMENTO'S PREMIER
GAY & LESBIAN NEWSPAPER SINCE 1978

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ISSN 1093-5908
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BULK MAIL - \$30/YEAR FIRST CLASS - \$61/YEAR
CANADA - \$70/YEAR FOREIGN - \$80/YEAR

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Local



LETTER



E-MAIL



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MGW readers are interested in what you have to say! For verification, letters to the Editor must include a signature, printed name, address and phone number. Names can be withheld if requested. MGW reserves the right to edit for brevity, content and slander. See staff box at left for mailing and contact information.

Freedom Bound Center Honors Local Activist

Nina Shoman is a strong voice for the Palestinian and Arab community both at the CSUS campus as well as in the Sacramento community. Nina has been a member of the CSUS SJP and MSA. Nina has also been a strong voice for the peace movement.

Malaquias Montoya has worked as a committed activist artist for his adult life. Although his powerful and moving artwork has achieved international renown, he has shunned commercialism. He continues to inspire and mentor young activists in his classes at UC Davis in both the Ethnic studies and art department.

Jim Prigoff has been a longtime activist who has worked in the Sanctuary Movement. Jim is also known for his work as a Graffiti Photographer. He's also been involved in the movement to stop the Patriot Act, and in the living wage campaign.

Nina Shoman, Malaquias Montoya, Jim Prigoff, Donna Walker, Arlene Prigoff, Xochitl Lopez, Xochitl Rivera

Donna Walker has been a dedicated person in the area of civil rights in the Oakland area and in Sacramento. She has participated with the Sacramento Area Black Caucus. She is presently volunteering her time to tutor youth in K-8 grades at the Phoenix Park (formerly known as Franklin Villa) in a reading program.

Arlene Prigoff has been a long time activist involved in

many movements such as the Sanctuary Movement, the Alliance for Democracy, WTO and the Zapatista movement.

Xochitl Lopez is an accomplished actress, artist and peace activist. She has helped mobilize students and community during the invasion of Iraq. Xochitl is also a union organizer.

(Xochitl Rivera, receiving for Ada Sosa-Ridell) Ada Sosa-Ridell is a long time

Maggie Coulter has been an activist in Sacramento involved in the areas of preserving the environment, gay rights, ending sweatshop labor and changing U.S. foreign policy to promote peace and justice world



Mariana Rivera and Dolores Huerta exchange Friendship offerings.

public intellectual and Xicana political activist. A professor at U.C. Davis and inspired by feminism in the Chicano Movement. ▼

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CHP	
Lt. Montey Hensley	581-2300
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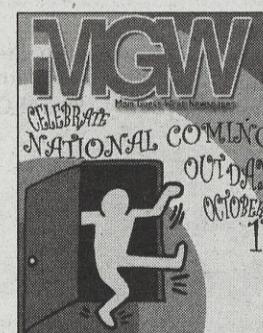
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Mistakes can be reported by contacting:

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Editor's

Commentary

COMMENTARY • COMMENTARY • COMMENTARY

Coming Out in 2003

By Geoffrey Winder
Managing Editor

So we find ourselves in 2003. The most comprehensive Domestic Partnership bill has been signed into law, and a slew of civil rights laws benefiting the GLBT community has created California (perhaps predictably and perhaps fittingly) the most welcoming state of the community.

It is now October. October is GLBT history month, and in it is also National Coming Out Day. It's been 15 years since Robert Eichberg and Jean O'Leary founded National Coming Out Day on October 11th, 1988. Eichberg and O'Leary founded the day to celebrate the first anniversary of the 1987 March on Washington and it's been celebrated annually on October 11th ever since.

Coming Out manifests itself differently for different people, but it at its essence is the revelation of a truth that often stands in contradiction to the hegemonic assumption. It is a secret of the self, usually something socially unaccepted, culturally discredited, politically persecuted, and for many of us that happened to be our sexual orientation.

Sexuality and gender identity can be (or is forced to be) hidden, and the act of coming out is forced by the assumption that everyone in the world is heterosexual and gender conforming.

It is the act of revealing ourselves that creates the manifestation of tangible reality; it is the secret knowledge of ourselves said into to open, into the ears of our parents, our friends, co-workers and/or children that makes our truth reality.

Coming Out in the last half of the 20th century and into 21st has been understood to relate to sexuality. It has been the hetero-normative culture that has forced queer folks into silence, queer; gender and sexuality theorists, historians and philosophers have traced the ebb and flow of acceptance through the centuries.

And like acceptance of sexual orientations other than heterosexual, the issue of coming out has altered as well. Historically and in some places currently, religious beliefs must be hidden, the revelation of one's actual religion and belief. The "mulatto" product of "miscegenation" (when those words were cultural norms) who could pass for white was confronted with the issue of "coming out" as not fully white. The "reds" in the time of the "Red Scare" were forced, ferreted (in some cases falsely) into coming out as communist, anarchist or socialist.

So what does it mean, that now, as a 21 year old man, I

"It is the act of revealing ourselves that creates the manifestation of tangible reality; it is the secret knowledge of ourselves said into to open, into the ears of our parents, our friends, co-workers and/or children that makes our truth reality."

came out at the age of 16... that my sexuality is becoming an accepted norm, and perhaps in another 15 years the term coming out will mean something altogether different.

Coming out will always be the act of revealing oneself has defying the cultural, social and political norm. So this coming out day, and every coming out day, to honor the timeless tradition ... let a truth about yourself be known!

Whether you Come Out as Gay, Lesbian, Bisexual, Transgender, Queer, Inter-sex, or Straight Ally; Come against the occupation of Iraq; Come Out against the disappearances of Muslim and Arab Americans; Come Out against the right wing attacks; Come Out against Prop 54. ▼

We want to hear from you!
Call 916-441-6397
e-mail info@mgnews.com

Issue Highlights

Happy National Coming Out Day!
Recall Updates: MGW Endorsements on 3
Opera! Gay Opera Review on 14
Film Reviews of SIGLFF Films on 15 & 16
Gay History Month on 12 & 13

MGW Welcomes New Staff!

Dominick Porras; Production
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Linda Lorden; Photographer

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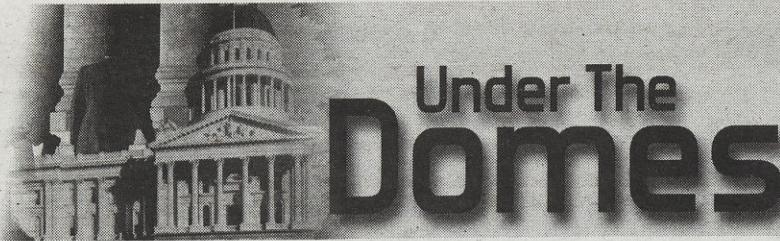
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Under The

Domes

NEWS FROM THE CAPITOL • NEWS FROM THE CAPITOL • NEWS FROM THE CAPITOL • NEWS

INCURIOUS George

By Thom Rutledge
MGW Guest Commentary

A New York Times editorial ("The Presidential Bubble" 9-25-03) describes George W. Bush as "one of the most incurious men ever to occupy the White House." Well said. Genuine curiosity is the clearest demonstration of respect for others, but this man has little of either of these characteristics. Incurious George is blatantly without respect for anyone other than those who are just like him.

The Times editorial contrasts President Bush's preferred persona as a man of the people with the truth of his almost total insulation from the people. The editorial sites the regular practice prior to Presidential public appearances of Secret Service personnel ushering critics of the president into "protest zones" that are sometimes as much as a half-mile from where President Bush is appearing.

This guy is no "man of the people," that is for sure. Hell, I even take issue with the use of the term "public appearance" when it comes to this

president. It seems more likely that he is very carefully placed in front of selected groups of adoring fans for photo ops and his tough guy speeches.

I don't really think that Incurious George is much different from other spoiled rich babies that many of us have known, but the problem here is that this oblivious s.o.b. has the power to ruin millions of lives, and has to date been responsible for killing thousands. (That is, killing thousands of innocent people.) To their credit, most of the Richie Rich's we have known are not killers.

But I know that Incurious George doesn't think of himself as a killer. And part of that problem is the result of his insulation from the rest of the country (and world). The Times editorial also quotes Incurious George as saying that when it comes to newspapers, "I glance at the headlines" but "rarely read the stories."

This admission demonstrates that we are dealing more with dangerous ignorance than we are with stupidity: he clearly does not

understand the implications of his telling us that he doesn't read newspapers. (I'm betting that he does read the funnies.)

Ultimately it is not Incurious George's fault I suppose. He was born into insulation, has grown up in insulation — having been carried by the wealth and reputation of others the entire way — and apparently lives happily in insulation, smirking, sneering, tough-guy-talking, and laughing at his own jokes.

Whether or not it is Incurious George's fault, it is our responsibility as citizens of this country to put a stop to the powerfully destructive ripple effect this president is sending out every day of his administration.

I am grateful to the New York Times for the editorial that inspired this particular rant of mine, and I want my own ripple effect to include a reminder to all American citizens to look closely in the direction of Incurious George when the stark light of objective reality is shining on him. As we say in Texas, where both Incurious George and I are from, this emperor is buck nekked. ▼

Thom Rutledge is a psychotherapist and speaker in Nashville Tennessee. He is the author of several non-fiction books, including *Embracing Fear & Finding the Courage to Live Your Life* (HarperSanFrancisco, 2002).

Coming Out For

Fallen Heroes

By Mark Lorden
MGW Staff

There's an Army, Navy, Air Force, and Marine Corps out there that even the Veterans don't talk about — "the way it really was" — so to speak. The way movies and books try to capture the reality of military life, but always fall short.

As for me, I was twenty years old, a brand new member of the elite 10th Special Forces, the same unit you've heard so much about lately in Afghanistan. I barely had time to unpack when the unit left for a training mission at Race Point, on the tip of Cape Cod. The nearest town to Race Point was Provincetown Massachusetts, probably one of the most GLBT friendly places in America.

My first night in town I was invited out to one of the local bars and was surprised as I walked in and noticed one of the Sergeants on the Scuba Team in the middle of the dance floor, dancing with a man (one of the locals). At the time I figured that he was simply intoxicated and was cutting up for a few laughs; but that wasn't the case I found out later.

The Sergeant was actually gay, and everyone knew it. His team knew it, most everyone in the company knew it, but nobody cared; the reason being simple, the man knew three languages, was one of the craziest, toughest people you could hope to have on your side.

I began to see why his team accepted him, and what was really important to soldiers. I realized that the homophobic rhetoric and indoctrinations of basic training meant

little when the life and death realities were; whom could you count on when the going got tough? Who would cover your back and who wouldn't? Beyond that it didn't really matter if you were a Mormon, Mexican or mountain lion.

And now here come 32 Republican lawmakers upset about a plaque honoring GLBT Veterans killed in action while serving their country. These Republicans come before us, straight faced, in the name of fairness and patriotism and demand the removal of the plaque.

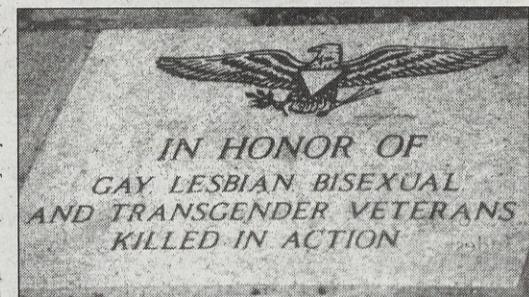


Photo By Linda Lorden

They claim the GLBT Veterans have claimed a special status, perhaps the plaques were meant solely for wealthy donors, those who paid in green — not in red. It makes one wonder if any of these lawmakers have even seen the monument.

And I guess that "special status" doesn't apply to the Veterans of Mexican Ancestry (they also have a plaque), or any of the other Veterans who have suffered discrimination from the government and country they died for.

As a straight veteran I must speak out and tell people that these politicians don't speak for me! The sergeant wasn't the only gay man I ever met in the military, and to deny that GLBT people served (or served) in the military would be foolhardy and false.

To deny GLBT Veterans a plaque honoring their dead (and ours as a nation) is simply un-American. To deny any group a plaque to their fallen heroes based on race, religion, gender or sexual orientation is wrong, and contrary to the ideals most of us (veterans) thought we were defending. I would appeal to those 32 lawmakers to resist the special interest, and let the inquisition remain a part history. ▼



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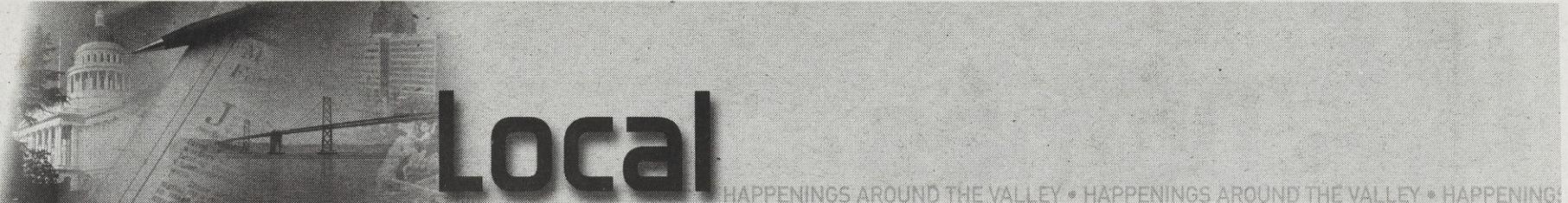
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Local

HAPPENINGS AROUND THE VALLEY • HAPPENINGS AROUND THE VALLEY • HAPPENINGS

Out In The Valley

Mom Guess What... We're Coming Out in Modesto!

By Donny Dunow
MGW Staff

Greetings from the Valley and Happy Coming Out Day! Coming out is a much greater event to some than it is to others. Coming out is much easier in some places than others. Location can play a large part in the ease at which people come out.

Modesto is not like San Francisco, or Sacramento even, but if you are coming out, know that you are not the only person in Modesto to do it. ▼

Here are a few resources if if you're coming out in Modesto!

•College Avenue Congregational Church (209) 522-7244 cacc@ainet.com

CAUSE CSU Stanislaus csustan.edu/counseling/cause

•Liberty Action Network PO Box 4311 Modesto, CA 95352

•Unitarian Universalist Fellowship (209) 545-1837 stamu.org

•Diversity Support Group (209) 526-1440 Ages 13-19

PFLAG (209) 527-0776

•Universal Life Church (LGBT) (209) 527-8111 ulchq.com

•GLSEN (209) 527-0776 glsen.org

Rainbow Coalition Modesto Junior College (209) 575-6106

Youth Leadership Training

Sacramento GLSEN in partnership with Gay-Straight Alliance Network are holding their annual GSA and Youth Leadership Training, Oct. 11 at the San Juan Teachers Association.

All youth activists and leaders, regardless of sexual orientation are encouraged to attend, and be trained in a variety of leadership skills, including how to start a Gay-Straight Alliance, GSA growth and development, meeting facilitation, membership building and student activism. Participants also have the opportunity to prepare for a special GLBT youth forum sponsored by Assemblymember Darrell

Steinberg and Capital Unity Council. ▼

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Pride In Chico Thrives

By Mark Lorden
MGW Staff

Growing up in New England I still feel a sense of gratitude when good weather shines on an outdoor event. Such was the case Saturday the 20th when the Imperial Sovereign Court of the Zarczarist Dynasty sponsored the thirteenth annual Chico Pride Fest among the sprawling oaks, and lush green lawn of Manzanita Place, in Chico.

The festivities were officially opened by Chico Mayor Maureen Kirk who read a proclamation from the city of Chico, recognizing the efforts of the Chico Pride Fest in bringing people together to celebrate diversity.

Also on hand was Chico city council member Scott Gruendl, the only HIV positive elected official in California, Gruendl gave his enthusiastic welcome to the crowd, and used the occasion to publicly thank Governor Gray Davis for his efforts to expand AB205 the Domestic Partners Program.

But the day wasn't all politics, the soothing sounds of Akimbo a reggae sounding, Sacramento based band soon filled the air, and vendors were everywhere. Co-chair Debbie K. Mueller said, that she expected around twelve hundred people to attend the Pride Fest, and maybe



Chico pride attracted a diverse range of people to enjoy the festivities and entertainment.

MGW Photos / Linda Lorden



MGW Photos / Linda Lorden

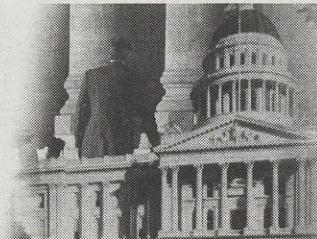
Jennifer Wunder and Julian Devine enjoying the atmosphere at the Chico Pride Fest 2003.

VICKI PFINGST



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Under The Domes

NEWS FROM THE CAPITOL • NEWS FROM THE CAPITOL • NEWS FROM THE CAPITOL • NEWS

Domestic Partner Law Draws Fire From The Right

MGW Staff

Three days after it's signing by Gov. Gray Davis a legal challenge to California's new domestic partners law was filed Sacramento County Superior Court by Republican state senator Pete Knight. Knight, spearheaded Prop 22 (the Knight Initiative) that defined marriage as a union between a man and a woman, which California voters endorsed in 2000, and according to Knight, the Domestic Partners Rights and Responsibilities Act of 2003, is in direct conflict with.

The lawsuit names Davis

and other state officials with violating the state constitution and calls on the court to prevent the law from going into effect. "It's a sham," said Knight. "It's a backdoor, roundabout mechanism to override Proposition 22. ... What they're saying is they want to have the benefits without calling it marriage."

A spokesperson for the governor said new law granting same-sex couples most of the rights of married couples does not violate Prop. 22 because it does not legalize gay marriage.

Assemblywoman Jackie Goldberg, author of the bill, said Knight's lawsuit wasn't surprising. She said the Legislative Counsel of California reviewed the bill earlier this year and already decided it did not go

The lawsuit names Davis and other state officials with violating the state constitution and calls on the court to prevent the law from going into effect. "It's a sham," said Knight. "It's a backdoor, roundabout mechanism to override Proposition 22. ... What they're saying is they want to have the benefits without calling it marriage."

against Proposition 22.

"The Legislative Counsel decided this was not marriage, that this was domestic partnership," Goldberg stated. "They're not going to win, but they'll raise a lot of money and confuse a lot of people."

Knight has the support of at least two other conservative Republican members of

the state Assembly, assemblymen Dennis Mountjoy and Tim Leslie, who say they expect a court will strike down the law.

Three years ago, when Knight launched Prop. 22, he compared gays to pedophiles. Knight's aversion to homosexuality has roots and repercussions in his own family. It extended to

his gay brother who died of AIDS. It also estranged him from his son David, ever since the day he came out more than six years ago.

Assemblyman Paul Koretz responded to a lawsuit stating, "The Yes On 22 campaign repeatedly told voters in public statements and in official ballot arguments that Prop. 22 would not affect domestic partnership rights.

Without those moderating statements, the discrimination in Prop. 22 would not have been palatable to California voters. Senator Knight, by filing this lawsuit, is attempting to swindle California voters with a bait and switch scam." ▼

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Local

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One Root Festival returns to the Greater Sacramento and Placer area again on September 20 and 21 2003 at the Royer Park in Downtown Roseville, with a message of unity. This year's theme is Path to Oneness.

The two-day area communities' festival in its fifth year using food arts and music as simple non-threatening method to bring people of all cultures together. Last year, there were over 20 cultures represented through cornucopia of food, galleries of arts and bevvies of beautiful music that serenaded over ten thousand event participants.

This year multiethnic music line-up included performances by Shabaz - Sufi and western fusion, Native Elements - San Francisco Reggae, Borrina Mapaka & Luzolo - African Hip Hop and Canela - Tex Mex. Sunday performers include



Angela Alforque of the Afro-Cuban Dance Group "Ebo"Okokan" leading the audience participation drum line.

Patchouli - Japanese folk music, Freight Train Riders of America - Bluegrass, Ebo Okokan - Afro Cuban Ensemble and Mercy Me-R&B.

See One Root
On Page 19

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Out Laughing

Family Values

By Sally Sheklow
MGW Staff

I grew up in a Southern California tourist town.

Going home to see my family is different than if you're from, say, Omaha. People aren't envious when you book your flight to the meatpacking capital of the world. My hometown radiates glamour. But Palm Springs, to those of us who had to go to high school there, is hot and desolate and boring—even if it is the home of your first hickey.

My parents, in their delight with the news of my being a lesbian, stopped inviting me to family occasions. To prove I was a normal college kid, I went home for spring vacation anyway. I had my first real girlfriend and I wanted to show her off. Coming out was joining the elite. I felt superior. I wanted my family to see just how cool I had become.

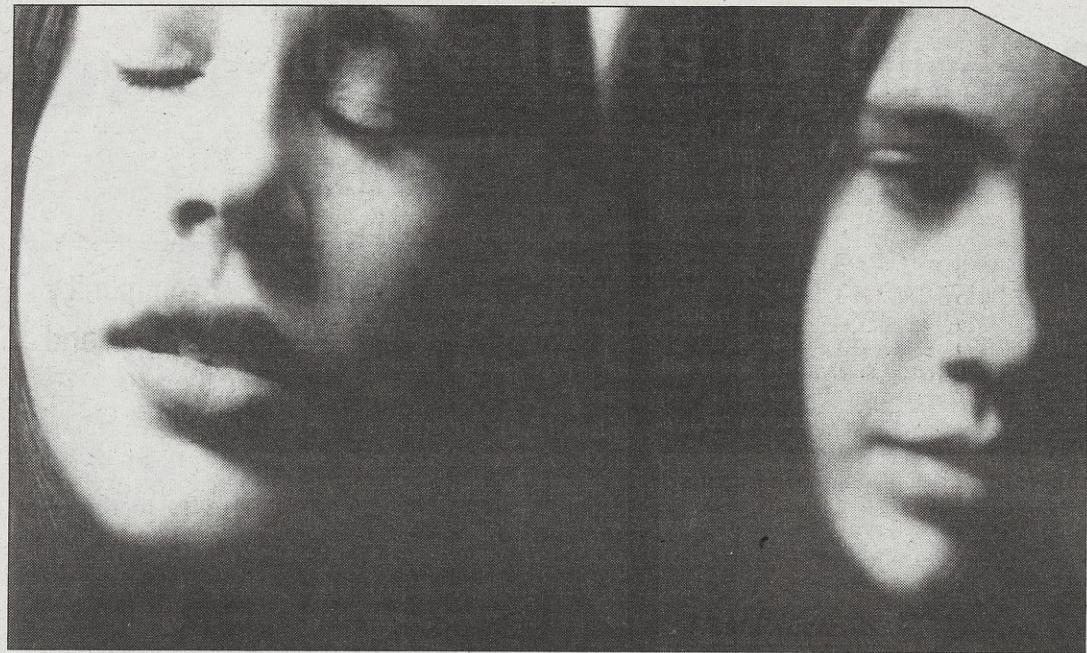
Amazingly, the relatives I'd traveled a thousand miles to visit had no interest in "that athletic girl Sally brought home." After a few hours of being ignored in my childhood

home, I needed a break.

For some reason explainable only by the SoCal stupidity vortex, I volunteered to take my seven-year-old niece to Disneyland. Girlfriend and I would show my folks that lesbians do have family values. What more normal, family-oriented activity is there than driving a rented Buick for two hours with an impatient kid who has a bladder the size of a fibert?

My last visit to the Magic Kingdom was with my Palm Springs High class of '68 graduation party. The attractions were free. A bunch of us grads crammed into a little tramcar and whirled up and down the Matterhorn all night. We laughed and screamed our heads off the whole time. Now I'd find out if that mountain ride was any fun without psychedelic enhancement.

My niece wanted to play on Tom Sawyer's Island, not wait an hour in a crowded line for a three-minute ride.



Girlfriend took her off to Adventureland and left me to enjoy my nostalgia experience, which was brief and disappointing. I missed having friends to scream with. And I learned another lesson: Disneyland's Matterhorn isn't even really a mountain! It's nothing but a mediocre roller coaster and fake rocks.

Who knew? I also learned that if you agree to reconnect with someone at the Fantasyland entrance, you are likely to end up listening to Snow White's aria about fifteen gazillion times (*La-la-*

ha-ha-hah). Our six p.m. meeting time had long passed. I stood at the castle gate—like the loyal, normal family person I am—while the swans, who were probably wearing tiny little earplugs, swam lazy circles in the moat.

The security guards started clearing the park. I had the car keys so my girlfriend and niece couldn't have left without me. Where were they? Didn't they know Rule #1 of families: "be where you say you're going to be"? A real family always meets at the meeting place. Unless someone's hurt. My God, why did I let my niece out of my sight? The guards assured me no injuries had been reported and shooed me through the exit.

My missing family du jour had to be somewhere out there in the Disneyland parking lot, which is approximately the size of Liechtenstein. Snow White's

voice rang in my brain while I marched toward the general longitude and latitude of the Buick. Far in the distance I saw the silhouettes of their disloyal little heads. What were they thinking?

No, meeting in the parking lot was NOT plan B. No, I did not think they were smart to know I'd eventually show up at the car. And no, I did not want any goddamn mouse ears.

I steered us back onto the freeway, but I was a wreck. So much for lesbian superiority. And who wants to be normal anyway? You couldn't have told us apart from all the other crabby, cranky, normal families driving away from the Happiest Place on Earth.▼

Sally Sheklow writes and lives childfree with her life partner in Eugene, Oregon.

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Local

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PFLAG Is Coming Out In Remembrance

MGW Staff

Sacramento PFLAG will sponsor a Service of Remembrance on October 19, 2003, at 3:00 PM at St. John's Lutheran Church. This service is offered as a memorial to all the victims of violent death because they were (or were perceived to be) gay, lesbian, bisexual or transgendered. The Honorable Heather Fargo, member of the Sacramento County Board of Supervisors is to be Honorary Chairperson of this significant event.

The Service of Remembrance is an inter-faith service that embraces a variety of spiritual expressions including the Jewish, Christian, Buddhist, Muslim and Hindu traditions.

The shocking murder of Matthew Shepard placed a

By coming out, people risk their homes, their jobs, their friendships, their faith community memberships, their family relationships and even their lives.

spotlight on the terrifying magnitude of hatred directed toward GLBT people and the people who care about them.

Sadly, Matthew is only one name on a lengthy roll call of people who have died at the hands of ignorance and bigotry. The first Service of Remembrance was held at Trinity Episcopal Cathedral in 1999.

Featured during the service will be a reading of a list of close to 650 names whose deaths have been the result of fear, hatred and intolerance toward their sexual ori-

entation or gender expression. The service provides the opportunity to remember their lives with love, bear witness to the atrocity of their deaths and affirm as a community that hatred and violence must end.

The Service is annually scheduled near National Coming Out Day; recognizing the fact that coming out is a risk and very dangerous for GLBT people and their families. By coming out, people risk their homes, their jobs, their friendships, their faith community memberships, their family

relationships and even their lives. ▼

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Sac County Hosts Conference on GLBT Aging Issues

MGW Staff

For the first time in 23 years of existence the Annual Mental Health and Aging Conference is offering a conference on GLBT issues. *Sexuality and Aging: Working with GLBT Older Adults* conference is scheduled for Oct 23.

Guest speakers Herbert Bauer, MD, MPH will begin with a 1-hour presentation on traditional roles of sexuality and intimacy throughout life's developmental stages. Kristy Finzer, MFT will follow with a 3-hour presentation discussing the needs GLBT older adults face as they age.

This conference is directed towards health and human service professionals and includes 4



Continuing Education Units. Admission includes CEUs, continental breakfast, lunch, and resource materials. The conference is hosted by Eskaton Village at 3939 Walnut Avenue in Carmichael. ▼

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CELEBRATE NATION

This quote taken from the LGBT History Month Resources Education Department Resource Celebrating Lesbian, Gay, Bisexual and Transgender (LGBT) History Month LGBT Resource Guide.

Cover & Center Artwork : Keith Haring 1988 "National Coming Out Day"
Photo : Dianna Davies
Photo Taken From Stonewall Uprising

Make the Invisible Visible. First and foremost, LGBT History Month is about making the invisible visible. LGBT people already exist in English, Social Studies, Science, Math and Art curricula; the problem is their invisibility!

Many of the authors who regularly appear on reading lists of American and British Literature, for example, were/are LGBT people: James Baldwin, Willa Cather, Lord Byron, Lorraine Hansberry, Christopher Marlowe, Alice Walker, Walt Whitman, E.M. Forster, Virginia Woolf, Countee Cullen, Hans Christian Andersen, Audre Lorde, Oscar Wilde, May Sarton, and Henry David Thoreau are just a few.

LGBT historical figures are not limited to writers, however; there are countless historians, politicians, social activists, scientists, mathematicians, artists, philosophers, inventors, even world leaders, who comprise the historical and contemporary



The Greek letter Lambda was chosen by the Gay Activists Alliance in 1970 to become a symbol of the gay/lesbian movement, in physics "Lambda" means high energy and this was transposed into a symbol of power and activism. The word "Lambda" denotes the concepts of "lesbian and gay male" with a minimum of syllables.



In 1978 Gilbert Baker of San Francisco's Castro neighborhood was asked by the Gay Freedom Committee to request for a durable flag to fly at the annual San Francisco Gay Freedom Day Parade. Baker designed and made a flag based on the colors of the rainbow—a color scheme often used in gay and lesbian pride, and ran a small business selling flags in the U.S. and California state F

BAYARD RUSTIN NATIONAL COMING OUT DAY

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overlooked. For more information on Bayard Rustin, see the Out of the Past documentary film and GLSEN's companion teacher resource guide.

Similarly, LGBT people and issues concerning sexual orientation and gender identity/expression are integral to lessons already featured in U.S. and Global History curricula. When teaching about McCarthyism, why not include information about the vilification of LGBT people? When teaching about the Holocaust, why not include information about the Nazi persecution of LGBT people and the origin of the pink triangle? When teaching about the social movements of the 1960s and 70s, why not include information about the Gay Rights Movement? When teaching about the European Renaissance, why not include information about cross-dressing on the Shakespearean stage?

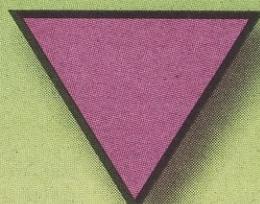
Baker of San Francisco, in response to a gay pride request for a durable symbol of gay/lesbian community and make a flag with six simple stripes representing the rainbow-a colorful and optimistic alternative to the today it is internationally recognized as a symbol of pride, and ranks third in sales statewide, just behind California state Flags

NATIONAL COMING OUT DAY OCTOBER 11

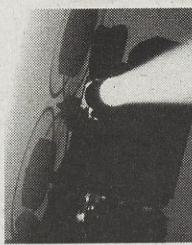
National Coming Out Day was founded on October 11, 1988 by Robert Eichberg and Jean O'Leary to celebrate the first anniversary of the 1987 March on Washington. It has been celebrated annually on October 11th ever since.

"Most people think they don't know anyone gay or lesbian, and in fact everybody does. It is imperative that we come out and let people know who we are and disabuse them of their fears and stereotypes."

Robert Eichberg, 1993 Interview
Co-Founder of National Coming Out Day



The Nazis required known homosexuals to wear an inverted pink triangle so that they could easily be picked out for special abuse. In the 1970's, gay activists began using the symbol to identify themselves, and at the same time, call attention to this forgotten chapter of gay history.



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"The Mother Of US All"

Opens At The San Francisco Opera

By Wayne R. Anderson
MGW Staff

If you expect a traditional libretto from Gertrude Stein, you're in the wrong opera house! Virgil Thomson certainly knew this when he and Stein began their second operatic collaboration *The Mother of Us All* (following the enormously successful *Four Saints in Three Acts*, which contained neither four saints nor three acts), on the life of the 19th century social activist Susan B. Anthony.

After its 1947 premiere, the opera met less acclaim than its predecessor, perhaps because it is less innovative or perhaps because the McCarthy era following late 1940s was hardly the right time to extol someone who challenged the political establishment.

Nevertheless the opera has seen numerous performances by smaller companies, and the fine 1977 Santa Fe Opera production is available on New World Records.

Rather than a straightforward narrative of Susan B. Anthony's life, the opera presents a series of scenes illustrating her obstacles, self-doubts, failures, and eventual posthumous success.

Various historical characters who in real life never met each other or Susan B., including Daniel Webster, Andrew Johnson, John Adams, Lillian Russell, Ulysses S. Grant and even Virgil Thomson and Gertrude Stein parade through the opera and comment (often inanely) on the action or debate with the protagonist. In preparing to write the libretto, Stein did extensive research into her subjects,

and much of the text is based upon the writing or speeches of these characters, from Webster's inflated pomposity to Grant's foolishness.

Throughout the piece, Susan B. remains a serious, sometimes disillusioned activist, totally devoted to her social causes, yet awash in the self-interest and uncomprehending silliness of the ordinary folk she is trying to help.

Along the way we see her involvement as an abolitionist, her views on marriage (not very positive), her ambivalence towards men (they can be kind but also brutes when frightened).

In the 1940s one did not deal with homosexuality in public, so it should not be surprising that, although composer, librettist, and likely Susan B. herself were all gay, nothing is made of this in the opera.

But in our more enlightened times, this production takes some liberties, showing physical intimacy between Susan B. and her companion Anne and an unmistakable attraction between two of the young men. Were she living today, it's a good bet that Susan B. would be a leader in the gay rights movement.

To some listeners, Gertrude Stein's libretto is off-putting with its frequent repetition of words and phrases ("... then a dog barks, a dog barks a dog barks any dog barks, listen to him any dog barks.") and its many seemingly meaningless inanities ("Daniel Webster needs an artichoke."). But after all, this opera is partly a comedy.

Thomson's tuneful scores were pioneers in American opera. Eschewing the atonal European vogue, he gave his operas a distinctly American sound by incorporating melodies reminiscent of folk music and the use of staccato orchestration with a popular feel to it.

This score runs the gamut



Photo Courtesy / Ken Friedman
Luana DeVol as Susan B. Anthony dominated the performance with her rich powerful voice capturing the melancholy emotion of the serious and sometimes disillusioned activist.



Photo Courtesy / Ken Friedman

Luana DeVol (Susan B. Anthony) with David Ossenfort (Andrew Johnson), Jeffrey Wells (Daniel Webster) and Jonathon Boyd (Thaddeus Stevens) in Stein and Thompson's opera depicting the life of 19th century social activist Susan B. Anthony.

from fast-paced intricate dialogue and choruses to Susan B.'s moving introspective soliloquies.

The SFO production, its first ever, used vivid colors and simple but whimsical sets to match the flavor of the opera. The large cast was extremely well coordinated and brought tremendous energy to the stage.

Although everyone was excellent, several artists should be singled out. Luana DeVol dominated the performance as Susan B., her rich powerful voice capturing the sadness and determination of the great activist. Tenor Jeffrey Lentz made Jo the Loiterer a central figure, with articulation so immaculate that the surtitles were superfluous.

As Susan B.'s companion Anne, Stephanie Novacek's liquid mezzo-soprano was a joy to hear. Donald Runnicles conducted an energetic yet moving performance and somehow managed to keep everything together in this complex fast-moving work.

Unfortunately numerous seats remained empty in the theater. With such conservatism in the operatic audience, how can opera be a vital living art form? Where are the music lovers who want something beyond endless repetitions of the old warhorses? ▼

Entertainment



The Girls in the Band

By Stefan Gruenwedel
MGW Staff

Prey for Rock & Roll Starring Gina Gershon, Drea De Matteo, Lori Petty, Shelly Cole. Directed by Alex Steyermark. (Rated R, 104 min.)

Rock and roll may look like fun and games on stage but it's hard work, long hours, and low pay for most bands. Living the rocker lifestyle is hell too, especially when you're pushing 40 and wondering whether achieving even a small amount of success is just a pipe dream.

Cheri Lovedog led the all-female punk rock band Lovedog across the LA club scene from the late 1980s to early '90s. Using her experiences as a singer, songwriter, and lead guitarist, she wrote a semi-autobiographical play, "Prey for Rock & Roll." Alex Steyermark's debut feature is an adaptation of that musical.

As music producer of the rock musical "Hedwig and the Angry Inch," Steyermark knows what he's getting into. Prey for Rock & Roll recreates a realistic indie music scene inhabited by misfits, egos, and nihilists. It's amazing this band has enough energy to get up each morning, let alone perform. Oh yeah, they practice too.

Gina Gershon plays Jacki, a slightly aging singer/guitarist whose full-body tattoos hint at her tattoo artist livelihood. When she's not applying ink to suburban girls she leads an all-girl punk band called Clamandy. Her chief rival backstage is Tracy (Drea De Matteo), a kick-ass bassist whose attitude and choice of boyfriend leaves much to be desired. She basically shows up when she shows up, which doesn't sit well with the promoter-courting Jacki. Bringing up the rear are lead guitarist Faith (Lori Petty) and drummer Sally (Shelly Cole).

Sex and drugs are only some of the distractions that permeate their not-quite-glamorous lifestyle. Faith and Sally make a cute romantic couple, Tracy's shady boyfriend (Ivan Martin) has warning signs all over him, and Jacki is so tied up with the band that she all but ignores her sex-starved girlfriend (sexy model Shakara Ledard).

The numerous musical num-



"Prey for Rock & Roll" Starring Gina Gershon and Drea De Matteo

bers highlight the group's state of mind and bridge the various scenes. They're raucous and well executed. The chicks look suitably glamorous in that trashy way. Gershon performs her own vocals and all the songs are Lovedog originals. "Every Six Minutes" is one standout, about the violence women experience on a statistically frequent basis.

One day Sally's older brother, Animal (Marc Blucas), appears after being released from prison. Despite his odd, slightly menac-

ing name (and copious tattoos), his loyalty to the band endears him to the group.

It's here that Prey for Rock & Roll takes some unexpected twists. Animal is attracted to Jacki, who must deal with this new complication in her love life. Animal's influence on Tracy's boyfriend has the opposite effect: He feels intimidated by this new manly presence among them. In fact, he wigs out to the point of dragging the film into a disturbing display of violence

and vengeance that seems out of place with what's transpired—what's transpired before. Equally regrettable is a fatal accident near the end that, once again, side-tracks the story from its interesting struggling-girl-band theme. Even if it's all true (it's "semi-autobiographical" after all), it didn't all have to appear in the film.

These plot devices aside, Prey for Rock & Roll, which premiered at the 2003 Sundance Film Festival and

won Best Narrative Feature at the Santa Cruz Film Festival, is a gritty portrait of musicians who form their own family, live on their own terms, and abide by their own rules.

Prey for Rock & Roll screens Saturday, Oct. 11 (7 pm) at the Crest Theatre as part of the Sacramento International Gay & Lesbian Film Festival. ▼

Info: www.siglff.org and www.preyforrockandroll.com.

Sacramento International Gay and Lesbian Film Festival

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Brother Outside; The Life of Baird Rustin
No Secret Anymore: The Times of Del Martin and Phyllis Lyon

Friday Oct 10 - 7pm

Yes Nurse, No Nurse (Ja Zuster, Nee Zuster)
Including: Bob & Rose (episode 3)

Plus: selected shorts

Saturday Oct 11 - 7pm

Prey for Rock & Roll
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Stormy Weather

What defines true patriotism and proper expressions of political dissent is a topic that's as germane today as it was thirty years ago.

Today we have Iraq and 9/11. Back then we had Vietnam, lynchings, political assassinations, and bombings of black churches. In different ways, these realities galvanized people to act and either question or accept the strategies political leaders pursued. Taking their name from the Bob Dylan song, "Subterranean Homesick Blues" ("You don't need a weather man/ To know which way the wind blows"), the Weathermen arose amid the quagmire of the Vietnam War and the continuing injustices fanned by institutional racism. They began what can only be called a war against the government, hurling bombs at emblems of authority.

Sam Green and Bill Siegel's *The Weather Underground* expertly documents this era that fomented civil disobedience and outright revolution. Like other student-run, quasi-underground groups, such as Students for a

Democratic Society and the Black Panthers, the Weathermen sought to enact widespread political change outside the system.

Like other social movements at the time too, they extended their battle to attack social norms—for instance, seeking an end to monogamy by practicing group sex.

Unlike other groups, however, their political tactics turned many activists against them, fearful that they undermined their causes and disgraced the left.

Along with extensive archival material—including photographs, film footage, and FBI documents—*The Weather Underground* weaves historical artifacts with contemporary interviews of the individuals who participated in the movement. It's compelling storytelling that neither glorifies violence nor paints these individuals as heroes.

On one hand, the Weathermen were surprisingly successful, even if their flame burned briefly. They battled with police on the streets of Chicago, bombed the U.S. Capitol, and broke

acid-guru Timothy Leary out of prison. Closer to home, they detonated explosives in San Francisco's Ferry Building, which housed the Department of Prisons at the time.

On the other hand, the Weathermen are virtually unknown today. Even though their mug shots graced dorm rooms across the country (some of them were captivatingly good-looking), they managed to elude a massive manhunt and, for the most part, imprisonment. As luck (for them) would have it, charges against them were eventually dropped because the FBI gathered evidence largely illegally. (Today such a trifling detail would matter little today to John Ashcroft or Ann Coulter.)

As they look back on their years as underground fighters, these aging revolutionaries can't help but look somewhat deluded. Then again, we benefit from 20/20 hindsight. It's up to audi-

ences to gauge their level of dangerousness or degree of naïveté.

Have they sold out now and do they live in gated communities or drive SUVs? Happily, no. Although one of them serves a life sentence, the others either teach or work for various progressive causes. One of them runs a bar in New York.

Watching *The Weather Underground* leaves you wondering what you as an individual in 2003 are doing to ensure that civil rights are not eroded, that the United States doesn't turn into a police state, and that the word "traitor" isn't used to describe anyone who refuses to follow the marching orders of whoever runs the country.

The Weather Underground opened at the Crest Theatre on September 26.

Info: www.upstatefilms.org/weather.



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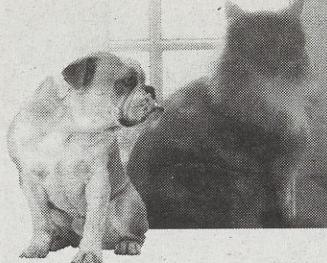
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Out with Pets

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Ten Tips for Preventing Pet Behavior Problems

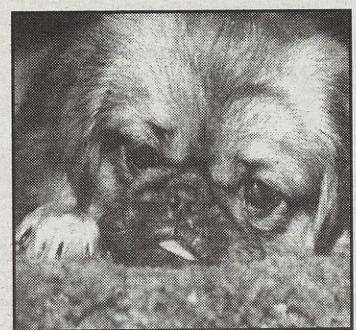
By Randy Jammison
MGW Staff

1. Set rules immediately and stick to them.

2. Avoid situations that promote inappropriate behavior.

3. Observe the pet and provide what it needs to be cared for and attended to.

4. Supervise the new pet diligently through undivided individual attention and training, and restrict the pet's access to a limited area of the house until training is complete.



5. Encourage good behavior with praise and attention.

6. Correct bad behaviors by providing positive alternatives. (A toy for a slipper, scratching post for the sofa.)

7. Never physically punish or force compliance to commands. This may lead to fear biting or aggression.

8. Don't play rough or encourage aggression or play biting.

9. Expose pets to people, animals, and environments where you want them to live.

10. See your veterinarian if serious or unresolved behavior problems exist. ▼

A Howling Good Time At

The Mongrel Mash

MGW Staff

Happy Tails Pet Sanctuary, Sacramento's first non-profit no-kill pet sanctuary, will be partnering again with Sacramento City Animal Care is presenting the Second Annual "Mongrel Mash & Dash", walk/run and day of festivities for dogs, dog owners and dog enthusiasts alike, October 18.

The "Mongrel Mash" whose theme comes from the popular song "The Monster Mash", is a fundraiser for the community's homeless, abandoned, and abused animals and is quickly becoming an annual Halloween event.

The three mile "Dash" run begins promptly at 9 in the morning, and at 9:15 for those who wish to walk (registration starts at 8am). For those without a pooch, there will be "best-friends for rent" from the Sacramento City Animal Care for a donation of \$10 with advanced registration. The "Mash" itself does not start until 10am, when the public is invited

to spend the day, admission free, with their dog(s), or simply watching the dogs, and family in William Land Park.

"This event is about helping those who can't help themselves," says Melanie diLuck Executive Director of Happy Tails, quoting the organizations motto.

The events planned for the day include; a book signing and Q&A session with author and columnist Gina Spadasori on her book Dogs For Dummies; on-site adoptions from dog rescue groups; a doggie costume parade; agility contests; police K-9's Search and Rescue dogs; Canine Companions, raf-

fles; food for you and your pooch; product vendors; and more!

So, come on out and have a "Howling Good Time" (...and your little dog too!) ▼

Info: happytails.org or 978-3109.



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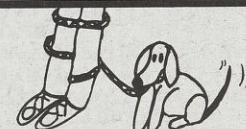


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Mongrel Mash October 18 2003

The Mongrel Dash-A 5K/3 mile fun run/walk with your dog.

Runners begin at 9 a.m. sharp, walkers begin at 9:15.

\$20 pre-registration fee (deadline October 10); \$25 day of the event.

Includes T-Shirt and Doggie Bandana

Dash pre-registrants may "rent a dog" for \$10 from the City of Sacramento Animal Care Services.

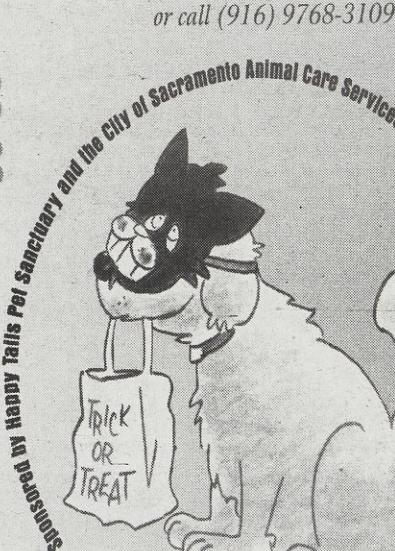
The Mongrel Mash - A day of fun with your dog.

From 10 a.m. until 2 p.m.

Admission to the Mash is free, however some activities require a small donation.

Activities include a parade of adoptable dogs, raffle tickets for purchase, silent auction, dog agility demonstrations, dog Halloween costume contest and more.

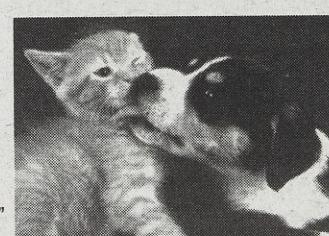
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"Helping those who can't help themselves"

HIV Newsline

On The HIV Front

By Sonya Cox
AIDS/HIV Editor

Former SF health commissioner faces prosecution for HIV infection...

A former city health commissioner who apparently lied to an ex-boyfriend about his HIV status now faces criminal charges of intentionally infecting him with the virus, according to the San Francisco district attorney's office. Ronald Hill, 46, who served on the health commission from 1997 to 2000, was arrested in mid-Sept in Grass Valley, held on \$100,000 bond at the Grass Valley jail, and scheduled to be arraigned in San Francisco.

While numerous other states have prosecuted intentional infection cases, it's the first test in California for a 1998 law that makes it a crime to knowingly expose another person to the virus that causes AIDS. Hill's former lover, Thomas Lister, said he'd been dating Hill for about five months when, while taking an Alaskan cruise together in July 2000, he noticed papers indicating Hill was taking medication for HIV.

On the cruise, Lister suffered chills and fever, often a sign of recent HIV exposure. One of the ship's medical staff asked both men whether they had been tested for HIV, and both said they were negative.

After the trip, Lister went for testing and was told he was positive. He sued Hill in civil court in January 2001, and a San Francisco judge imposed a \$5 million default judgment against Hill, who disappeared during the civil trial, to be awarded to Lister. Lister has never received any money.

Condom news...

****Flavored condoms for inmates.** Prisoners' rights advocates in Canada defended a Manitoba government order for 40,000 flavored condoms that was cancelled following a public outcry. "The fact of the matter is that sexual activity takes place in prison facilities whether politicians like talking about it or not," said one advocate. "We do not want prisons to become incubators for a public health crisis."

Manitoba has supplied condoms to inmates since 1998 and wanted to switch to bulk purchases as a cost-cutting measure. In mid-September, officials ordered a two-year

supply of lubricated, non-spermicidal, flavored condoms to distribute to prisoners in 10 facilities.

Flavored condoms cost only slightly more than regular condoms and the thinking behind the order for flavored ones, said a department of corrections official, "is obviously that this will make it more usable by inmates." But reporters started asking questions about the order, and opposition Conservatives condemned the idea of a flavored condom expenditure.

"This government can't find the money so that farmers can feed and clothe their children through this [mad cow disease] crisis, yet somehow they can find this amount of money to give flavored condoms... to criminals," said one Conservative health critic.

"I don't care what they taste like," said the corrections official. "I do care that they're made available." Result — the government decided to buy a smaller number of regular condoms and revisit the bulk ordering idea later.

***55 sizes now available, and sure to fit!** Billed as a better way to prevent the spread of sexually transmitted diseases and reduce unwanted pregnancies, Internet retailer Condomania has begun offering 55 sizes of condoms. They say the "They-Fit" condoms [TheyFit.com] offer a more comfortable fit than other brands.

A better fit should lead to fewer tears and slippage problems, and less anxiety, say company officials. While some researchers say the correlation between the fit of a condom and how well it protects has not been clearly defined, and indicated they don't have the science to support a need for 55 sizes, most would likely agree that anything that encourages the use of condoms is a good thing. Most brand-name condoms, typically in three or four sizes, can be found in convenience stores or vending machines.

But stocking so many sizes will likely keep the They-Fit line available only through the Internet or specialty shops. Available by the dozen for an average cost of 75-99 cents each, all TheyFit condoms are packaged with no nonoxynol-9 or other spermicides added.

They-Fit makers say that after more than 7 years of work on the revolutionary idea, an agreement was reached with Condomania, America's first retailer to sell condoms on the Internet. Condomania's web site

offers a variety of studed, spiraled, and other specialty condoms and condom-related products, some containing nonoxynol-9. But They-Fit makers say their product does not, and will not contain N-9, which can irritate fragile membranes and possibly allow HIV transmission.

New treatment may locate hidden HIV...

A new two-step approach could offer the hope for controlling a lifelong AIDS infection, say researchers at the UCLA AIDS Institute. Experiments with a technique to locate and kill dormant HIV-infected immune system cells are showing promise in mice and are ready for testing in monkeys.

Although combination anti-retroviral therapy has the potential to keep people with HIV healthy for decades, it cannot reach the latent virus that lurks inside some cells. The UCLA researchers devised a two-step system — first, partially activating the cells where the virus hides, then killing the cells before the virus can escape.

"About one in a million T-cells holds latent HIV that the anti-retroviral drugs can't touch," they said. "In order to make it visible, so you can attack it, you have to activate it." But since activating all of a person's T-cells can cause potentially deadly illness, the research team used two compounds to only partially activate the cells — interleukin-7 and prostratin.

When the cells have been partially activated, the scientists fire the "guided missile" — an antibody spliced to a piece of diphtheria toxin. "The toxin kills the cell before lots of viruses are made." The technique cleared 70-80 percent of the reservoir of latent T-cells in mice without mistakenly attacking healthy cells. However, since HIV affects humans in a unique way, it is difficult for scientists to infer human results from animal experiments. Further, while the research director says he does not think the technique offers the possibility of a complete cure, it does offer the possibility that people could be able to safely stop or go off their meds for long periods of time.

DC's Walt Whitman Clinic facing financial crisis...

Facing a \$800,000 deficit in the next few months due to plunging

donations and rising costs, the renowned Whitman Clinic in Washington, DC, plans to begin selling off its transitional housing property, cutting its workforce, and charging for services to avoid severely curtailing services or closing the clinic. WWC was founded 30 years ago as a volunteer-run STD clinic for gay men.

The nonprofit organization grew steadily over the years, providing HIV/AIDS and related health services to thousands of low-income area residents. Like most nonprofits, say clinic officials, it depends on private fund-raising to close the gap. But WWC's fund raising has dropped drastically in recent years.

From a steady flow to \$7 million in donations by 1999, donations plunged to \$4000 in 2001, then up again to \$100,000 last year. Officials say they want to raise close to \$1 million from their annual AIDS Walk on Oct. 1, but they are not optimistic.

By instituting a sliding scale for exams and services, and the other planned cost-saving measures, they could end the year with a surplus. But further cutbacks could result if federal funding decreases.

Merck and Aventis begin combo vaccine trial...

Drug makers Merck and Aventis say they have begun human clinical trials of a unique AIDS vaccine combo. The trials hope to analyze whether the addition of a potential vaccine made by Aventis to Merck's vaccine candidate will prove more effective than either alone.

Merck began human testing of its HIV vaccines in late 1999. The company's current candidate is based on a modified common cold virus that is used to deliver an HIV gene into cells to produce a strong immune response to HIV. Aventis's Alvac vaccine has been in development since 1992 and is a canary-pox, which delivers HIV genes into cells.

The conclusions early this year of the most advanced AIDS clinical trial thus far, by Vaxgen, proved to be a disappointment when it reduced the HIV infection rate by less than 4 percent in 5,400 men and women considered at high risk. At least 30 other AIDS vaccines are in various stages of development.

See "HIV On The Front" Page 20

In Loving Memory of Friends Lost in October

In Loving Memory of friends lost in October

October 1985:
David Reeder

October 1987:
Greg Rogers/John Hickman
Richard Hendra/Anthony Tone Lopez
David Scalf/Roger Smith
Ron Tauzer/James G. Ward

October 1988:
Merwin Mordine/Robert Eagan
Louis Schenk/John Pipkin
Robert Seibert/Brian Dean Parker

October 1989:
John Camou/James Ellison

October 1990:
Jim Weston/J. P. Sullivan
Larry Nemel/Thomas Black
Gary James McDonough
Allan Vowell/Robert Kobernus

October 1991:
Michael Biles/Mark S. Fairchild
David Cathey/James Thomas Martin

October 1992:
Michael Moffett/Leroy Bryson
Dave Eckert/Terry Stevens
Jerry D./Paul Shawver
Mel Renouf/Robert James Curtis
John Feltner

October 1993:
Dr. Sandy Pomerantz/Bradford Liszt
Randy Raimundo/Charles F. Greene III
David Todd/Donald Segee
Steven Weiss/David Best Hjul

October 1994:
Barry Brown/Gilbert A. Smith
Christopher Borner/Larry E.
Kenneth Harbour/Garry Browning
John Hurlburt/Obe Dean Bylsma
J. W. "Brandy" Moore/John Odom
Ernest Lara/Joe Ellis
Jeffrey Alan Jackson

October 1995:
Peter Schwehn/Don Abbott
Tony Clark/Robert ("Rob") Clark, Jr.
Dale Rydzek/Tim F.
Tom V./Terry P.
Ray Ladar/Kevin Michael Schram
Michael Joseph Austin

October 1996:
Richard Locke/Terry Keith Warner
Clifford Warren Hagar/Jorgen
Jepperson
Lance Moeller

October 1997:
Royce M. Davis/Gerald M.

October 1999:
Allen N./Rev. Edward R. Sherriff

October 2000:
Kevin W. Koci

October 2001:
Ron C. /Paris (Jon) Cramer

October 2002:
Scotty Free

Every now and then, take a second, breathe deeply, and think of me. To add the names of loved ones to MGW's remembrance column, call 737-0309. For info about creating a NAMES Project AIDS memorial panel, call 484-5646.



Health + Wellness For Skin

Daily Cleansing Routine

By Deborah Frank
MGW Staff

Over the past three issues of MGW, we've said goodbye to bar soaps and harsh cleansers. We have turned our backs on Noxema, Clearasil and Ponds. We have learned about skin type vs. skin condition and have even covered pH balance and how it affects the products we choose for our skin. If you have missed any part of this journey to better skin, email me at Deborah@daymakerspa.com and I will catch you up!

So, I am assuming now, that you have a good cleanser, moisturizer and toner. These are the three "must have" products that make up a good thorough cleansing routine. Plan to cleanse, tone & moisturize twice daily, preferably once in the a.m. and again before bed. Men will need to shower, shave and then cleanse, in that order.

If your routine is to normally shower and get ready for work at the gym, remember to take your products with you and use them there. Gone are the days of letting your shampoo double as your facial cleanser. Buy three small plastic bottles and put some of your products in there for carrying with you. Trust me, it will be worth it!

Another rule I will like you to adopt is to stop using HOT water on your face and begin using WARM water instead. Avoid any extreme temperatures, they are not good, your skin doesn't like being "shocked".

Also, washcloths or those nylon puffballs or loofah sponges are out. Too much abrasion is not good for the skin and all three of those mentioned, harbor a lot of bacteria. Start to think that kinder and gentler is the way to go.

So, you want to start with cleansing. You will actually wash your face twice. The first cleanse re-

moves surface dirt, makeup etc. and the second really cleans your skin. You will use about a dime size of product worked into lather in your hands and applied to the entire face. Include your neck and chest area as well. Splash to rinse or you can opt to use facial sponges, which are soft and can be either thrown away or run through the dishwasher to sterilize. Repeat the cleansing procedure twice. Next, while your face is still wet, spray or splash on your toner of choice.

The purpose of a toner is to balance the pH of your skin following cleansing. With your face still moist



from the cleansing and toning, you will now apply your moisturizer. The reason for not drying your skin with a towel is two fold. A towel is abrasive when rubbed vigorously on the face and secondly, moisture attracts moisture.

When your skin is moist, an application of moisturizer will be more effective since the drying effect of the water will draw in the moisturizer. Use a dime size amount of moisturizer as well, unless your face is particularly dry and flaky. Wait a few minutes before applying makeup or sunscreen.

Depending on the product line you have chosen, you should start to see some changes soon in your skin. You may actually see your skin condition worsen

before it improves. Don't panic! This is a common occurrence as your skin detoxifies.

If, however, after 2-3 weeks, you are not seeing considerable improvement, stop using the products and go back to the drawing board. You may have chosen a product line that is not compatible to your skin type.

If you have purchased your products at a reputable cosmetic counter or other location, go back with the products and discuss your problem. Most places will try to work with you and will exchange what you have been using for something else. Buy the smallest size products you can whenever you are first trying something new.

That way, you are not out a lot of cash if they won't exchange it for you. You may not find the perfect product the first time out, so be patient. Once you do, you will notice a huge improvement.

Next time, we will discuss exfoliation! See you then! ▼

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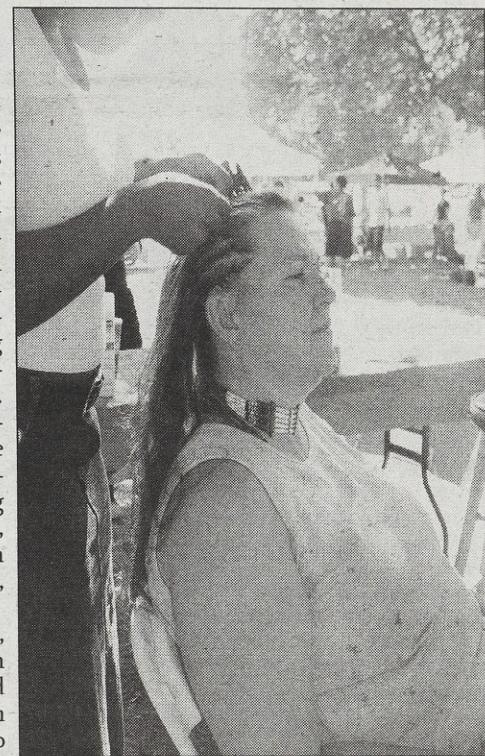
"ONE ROOT FEST"

From Page 9

Part from the assorted on-stage music performances, One Root Festival is the place to taste food from various national origins. Guests will be able to patronize food vendors serving food from different cultures. Past food vendors have come from many origins including Greek, Polish, African, African America, Thai, Chinese, Mexican, Polish, Jamaican, South American and more. From Creole gumbo to Japanese sushi, One Root is the place to taste it all.

"Artistic expression as the third pillar of the festival, unearth the creativity in all of us," said co-founder Doris Jones Hassan. "The more we know about a culture through art, the more we see similarities with our own and the less different we begin to see others from ours and consequently the more related we will feel," said Anita Lowe, a creative potter and One Root Festival Vendor Coordinator.

One Root Festival is a family event that has some-



MGW Photo / Dominick Porras

**One Root Festival Participant
Sandie Osborne receives a
special hair braid treatment.**

thing for everyone in the family. Apart from adult activities, the One Root Youth Village is special area filled with entertaining and educational performances plus arts and crafts and many interactive activities designed just for kids. ▼



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Sports

Bowling In The River City

Cameron Yee
MGW Staff

The River City Bowlers winter league had a great start on Sept 7, as over 120 bowlers arrived for the first night of bowling. Twenty-eight five-person teams were formed and another season got underway. The league runs for 31 weeks and each week bowlers bowl 3

games. Bowling is every Sunday evening at 6:00pm at Land Park Bowl on Freeport Blvd. There are still openings on some teams, so those interested in bowling should come on down! There are also opportunities to be a substitute on any given week if interested participants don't want to or can't bowl the entire season.

If you want to have

some fun on a Sunday evening but are afraid that you're not a good enough bowler, don't sweat it.

Bowlers of all abilities are welcome. The averages from the first week ranged from 77 to 230 (due to the large range of abilities, this is a handicapped league). And if bowling is not your bag, come on down and socialize and root for your

favorite bowler or team. Also don't forget the River City Classic, Sacramento's own gay bowling tournament that attracts

bowlers from all over California and other western states. The tournament will be held

at Land Park Bowl on October 31 through November 2. ▼

Info: RCBowlers@aol.com

Some high scores for the first week were: Tom Lane 257 (690 series), Gary Filla 256 (625 series), Blair Leatherwood 233 (626 series), Donna Lewis 212 (554 series), Marian Nishimura 203 (527 series), Karen Jay 206 and Deanna Soares 517 series.



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OCTOBER 3rd
Comedy Review

**2nd FRIDAYS
& EVERY SUNDAY**
Sistahs On The Move

"HIV"

From Page 18

Bone thinning not tied to therapy...

New research shows that the drugs given to people with HIV or AIDS do not influence their risk of bone thinning. Researchers at the National University of Cordoba in Argentina compared bone density in 111 people with HIV to 31 healthy subjects. Those with HIV included 33 never treated with AIDS drugs, 36 treated for more than 1 year with one drug

regimen, and 42 treated for more than 1 year with another regimen. At all bone sites, thinning was more evident in those with HIV than in healthy subjects, and all HIV groups showed similar amounts of bone thinning. The study concluded that the only factor linked to bone thinning was the duration of HIV infection. The findings, say the researchers, suggest that HIV itself, not the drugs used to treat it, can have a harmful effect on bone metabolism.

Kaletra proves effective at 5-year point...

In a five-year study, most people using Abbott Laboratories' HIV drug Kaletra achieved and maintained undetectable viral levels and did not develop drug resistance. Abbott says the data demonstrate that undetectable viral levels can be maintained when Kaletra is administered in combination with NRTIs Lamivudine (3TC/Episvir) and Stavudine (d4T/Zerit).

The researchers said the study shows that people can be treated for HIV, that they can obtain viral suppression, and that, if the virus remains suppressed, people "are very unlikely to develop resistance to the treatment."

Goals to reverse worldwide epidemic may not be met...

HIV experts recently told the United Nations that the worldwide battle against AIDS is not going well, and that the UN's goal of reversing the course of the disease by 2015 might be too optimistic — and in fact, says the UN secretary general, may be impossible to meet.

An estimated 40 million people worldwide have AIDS, and this number is expected to double within the next six years. President Bush's promise to spend \$15 billion over the next five years to fight AIDS is proceeding too slowly, say some Democrats. In the first year, he has provided only \$2 billion of the \$15. ▼

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ANNOUNCEMENTS

GAY MEN'S OPEN DISCUSSION

Monday, 6:30-8pm Lambda Center, 1927 L St. Bob Vizard, 663-1739. ifn

GLBT YOUTH SUPPORT GROUP

Wednesday, 6:30pm Lambda Center, 1927 L St. 442-0185. ifn

WOMEN'S SUPPORT GROUP

Wednesday, 6:30pm Lambda Center, 1927 L St. 442-0185. ifn

LAMBDA LAW REFERRAL SERVICE

Mondays, 5:30-9pm Lambda Center, 1927 L Street 442-0185. ifn

LESBIANS CANCER SUPPORT GROUP

3rd Mondays, 6:30-8pm Uptown Studios, 912 1/2 J St., 920-7870. ifn

MEN OF ALL COLORS TOGETHER

2nd, 4th Thursdays, 6:30pm Lambda Center, 1927 L Street. 442-0185. ifn

WOMEN OF COLOR SUPPORT GROUP

Fridays, 6pm Lambda Center, 1927 L St. 442-0185. ifn

SUICIDE PREVENTION LINE NEEDS VOLUNTEERS

Ethical & reliable people only wanted for crisis phone line. Training provided. Jonathan 368-3118. ifn

VOLUNTEERS FOR BREAST CANCER PROJECT

Breaking Barriers Cancer Support Project and the Breast Cancer Treatment Fund are looking for volunteers to provide support, transportation, and food delivery. Marsha 447-2497. ifn

ARCHIVES

GLBT HISTORY AT THE LIBRARIES

Past issues of MGW Newspaper are available on microfilm at the main Sacramento Library, CSUS Library, and hardcopies at Lavender Library, Archives, And Cultural Exchange. ifn

EMPLOYMENT

WEB INTERN WANTED

College internships at MGW Newspaper is a great way to boost your skills. Practice graphics, reporting, photography, computers, ad sales, public relations, financial, and art. Units are given in 195/199 or 295/299. MGW, 441-6397. ifn

SALES PEOPLE WANTED

MGW is accepting applications for Ad Sales. Applicants must enjoy talking to business owners, be neat in appearance, and have transportation. Newspaper and telemarketing experience helpful. Great Commissions! If you would like a career that is constantly changing call 441-6397. ifn

FOR RENT

NATOMAS HOUSE FOR RENT

3-year-old charming corner house. 3 bedroom, 2 bath, 2-car garage, pool/jacuzzi, poolboy and gardner included. Immaculate yard. 1450 Nob Way, Lisa Johnson, Sac Delta Properties, 429-1301 or 224-6720. x8/1

COTTAGE: CURTIS/ LAND PARK AREA

Modern garden cottage available to someone that is looking for daytime space. Great for artist's studio, writer, Ph.D. student, or someone just looking for "space". This is not a live-in situation (small bathroom, no shower, small cube frig, air cond/heat). Gorgeous gardens, small dead-end street, friendly neighbors. Close to 21st St. & 2nd (near Swanberg's). No smokers/no drugs. \$450. Linda, 441-6397. ifn

Crows Hop from Downtown

Nice newer house for rent 7 min from downtown! 3bed/2bth laundry/ patio/backyard. Ladies preferred, no smoking 1125/mo first/last deposit & good credit 428-6308. x10/1

FOR SALE

WAREHOUSE

2400 Sq. Ft. Warehouse located in an upscale roseville Industrial Park Unit is zoned for light industrial applications. @295,000. contact Bill McJunkins, McMartin Realty at 501-7486. ifn

Citrus Heights Home...

Nice 3bd, 2Ba Hm In Citrus Heights. Great yard w/spa, waterfall, koi pond, and hot tub. 6033 Woodglade Ave \$229,900 visit McMartinRealty.com 447-1880. ifn

BEAUTIFUL HOME

9016 Kilar Court, Elk Grove, 3bd, 2 ba, with den, 1740 sq.ft., beautifully landscaped. Only 1 yr. old Too many upgrades to list. This home is a must see. Hurry, it won't last long! \$307,500 Levi 284-0050 mcmartinrealty.com ifn

COURTYARD AND FOUNTAINS

2650 Curtis Way 3bd, 2ba. Home Private courtyard, w/fountain Lush Lnadscape, pool and so much more! Visit mcmartinrealty.com for photos Luis 718-5888 \$689,000 ifn

PETS

ADOPT-A-PET

Faux Paw Kennels, Claire 988-6225, Mary 387-8811 ifn

CALLING ALL WORKING PETS

Pets: Do you go to work with your mom or dad? Mom or Dad: MGW Newspaper would like to feature you and your pet. Send us a photo with caption or call 441-6397 and we will take the photo! ifn

DACHSHUND RESCUED

Dachshunds need homes, all types. Pat, 925-2640 x4/15

ROOMMATE

HOUSE TO SHARE

Florin/Freeport Area w/ s.g.w.m. \$600 no utilities, 442-3542 ifn

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Skate Date!
Celebrate Lambda Letters Projects
15th Anniversary!
October 5th

Sunday 6-8 pm
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4700 Auburn Blvd.

\$10 or 2 for \$15
Under 3 Free!
Skates Included - Inline Skates OK

"Lambda Letters is California's oldest group lobbying for the LGTB community. This year we will help people deliver one quarter million letters and messages to their legislators."

BUSINESS Directory

BUSINESS DIRECTORY BUSINESS DIRECTORY BUSINESS DIRECTORY BUSINESS

Advertising

Mom Guess What Newspaper (MGW), 1103 T Street, 95814, 441-6397

AIDS Services

Breaking Barriers, 1722 J St., #321, 447-AIDS
C.A.R.E.S., 1500 21 St., 443-3299
Hand to Hand Foundation, 1500 21st St., 443-3299 ext. 6265/6266
Heart to Heart Emotional Support Group, 386-2504
Metropolitan Community Center For AIDS, 1722 J St. #8, 447-2444
Names Project, AIDS Memorial Quilt, 3104 O St., PMB 357, ozinsac@aol.com, 484-5646
Sac. County DHHS/Health Edu. Unit, HIV Hotline 446-2694

Art

Haven Art Furnishings, 3720 J St., 452-2227

Associations

Alcoholics Anonymous, 2631B Riverside Blvd., Dan, 486-0331, Karla, 568-6714
Capitol City European, 1725 33rd St., 452-5811
Capitol City Hoopsters, gaybasketball.com
Capitol City Squares, CapitolCitySqr@aol.com, 929-8697
CAP PAC, Capitol Political Action Committee, 736-2722
Female to Male Sac., 646-4974, kpbbox@yahoo.com
FrontRunners & Walkers, 974-8199, frontrunners.org
Gay Fathers of Sac., 484-5636
Gay & Lesbian Sierans, gbs_motherlode@yahoo.com
Lambda Letters Project, 728-1261, lambdalp@aol.com
LLACE, (GLBT Library & Archives), 1414 21st, 492-0558
Log Cabin Republicans, 491-4974, lcrsoc.com
Outdoor Adventures of Sac., oas_news@hotmail.com
Rainbow Bridge Speakers, Paula, 658-0892
Rainbow Chamber, 551-3832
Sac. Area Rainbow Families, 863-0852
Sac. Area Women's Community Network, 451-8034, sacwn.com
Sac. Arts & Games Association, 451-8663
Sac. LEGAL, geocities.com/WestHollywood/Park/3103
Sac. Valley Pozibilities, 564-1790, sacramentovalleypozibilities@yahoo.com
Sexual Compulsives Anonymous, 424-0967, sca-recovery.org
Sisters of Scotia Women's Motorcycle Club, 725-9467
Valley Knights Motorcycle Club, 455-6540

Auction

The Auction House, 10076 Mills Station Road, 361-8491

Attorneys

Rosemary Metrailler, 447-7258
Mark La Rocque, 725 30th St., #101, 498-0431
Teichert & Associates, 1322 F St., 441-4410

Automotive Services

Capitol City European, 1725 33rd St., 452-5811
Cuilla Brothers Body Shop, 2413 J St., 443-6323
Gem Car Wash, 5150 Freeport Blvd., 451-6524
Ray's Auto Stereo & Alarms, 1925 F St., 447-9753

Board of Supervisors

700 H St., Rm. 2450,
District 1: Roger Dickinson, 874-5485
District 2: Illa Collin, 874-5481
District 3: Muriel Johnson, 874-5481
District 4: Robert Nielo, 874-5491
District 5: Don Notoli, 874-5485

Car Wash

Gem Auto Care, 5150 Freeport Blvd., 451-6524

Catering

Black Tie Catering & Gourmet To Go, 5451 Warehouse Way Ste. 114, 383-9270, blacktiecat@aol.com

Cemeteries / Mortuaries

East Lawn Memorial Park & Mortuaries, 732-2000

Chiropractors

Chaney Chiropractic & Rehab, Karen Chaney, Nancy Buck, 1614 X St., #8, 326-4466
James Carlson, Rocklin Chiropractic, 5875 Pacific St., #D, Rocklin, 624-0682

Churches

Cathedral of Promise MCC, 10500 Chaplain Ave., Matherfield Rd., 364-4325

Dignity

2529 K St., 492-6452

Lutherans Concerned

731-8887, 927-2624

City Council

City Hall, Rm. 205, 915 I St.
Mayor Heather Fargo: 264-5300

City Council Session Call-In, Cable Channel 73, 264-8255

District 1: Ray Trettheway, 808-7001

District 2: Sandy Sheedy, 808-7002

District 3: Steve Cohn, 808-7003

District 4: Jimmy Yee, 808-7004

District 5: Lauren Hammond, 808-7005

District 6: Dave Jones, 808-7006

District 7: Robbie Waters, 808-7007

District 8: Bonnie Pannell, 808-7008

City Parks

City Park Reservations, 277-6060

Dry Cleaning Services

Freeport Cleaners, 2001 4th St., 442-2838

Electrical

Tom Seares Electrical, 284-9115

Financial Services

Killik Financial Services, 2321 Lloyd Ln., 486-8985

Furniture

Feather Thy Nest, 4747 J St., 737-2747

Gardening Services

English Garden Care, 489-8903

Gay Center

Lambda Community Center, 1927 L St., 442-0185

Glass

Bob's Glass, 2415 23rd St., near Broadway, 739-8244

Graphic Design

MGW Typesetting & Graphics, 1103 T St., 441-6397

Groceries

Taylor's Market, 2900 Freeport Blvd., 443-6881

Halls / Meeting Places

Channel 6, KVIE, One Community Rm., 2595 Capital Oaks Dr., 929-5843

Musicians Hall, 1925 Del Paso Blvd., 565-2500

SMUD Building, 6301 5 St., 916-732-5310

Hobbies / Crafts

Bead Fetish, 1927 L St., 447-7979

Holy Unions

Inn at Parkside, 2116 Sixth St., 658-1818

Hotels / Inns / Resorts

Capitol Park Inn, 1300 T St., 877-753-9982

Inn at Parkside, 2116 Sixth St., 658-1818

Information

MGW Newspaper Archives, past issues are available on microfilm at Lovers Library, Main Sacramento Library, CSUS Library, University of California at Davis Library, and San Francisco Main Library.

Jewelry

Ancient Crossroads, 731 Howe Ave., 947-6117

Arareity Fine Jewelry, 1021 R St., 446-1535

The Bead Fetish, 1729 L St., 447-7979

Massage

Certified Massage Therapist, Wendy Phillippe, 600-3270

Mortgage

Chase Manhattan, Rick Corby, 2998 Douglas Blvd. Ste. 105, 787-1429

Dee Pete, Senior Loan Officer, AccuBanc Mortgage Lender, 564-9500

Val Donahue, ATM Mortgage Corp., 390-2533

Moving

Capital City Moving & Storage, 3298 Orange Grove Ave., N. Highlands, 487-8400

Newspapers

Mom Guess What Newspaper (MGW), 1103 T Street, 95814, 441-6397

California Job Journal, 2033 Howe Ave., #100, 925-0800

Nurseries

Lotus Valley Nursery/Garden, 5606 Peterson Lane, Lotus, 626-7001

Optometrists

Dr. Cameron Yee, 6407 Riverside Blvd., 395-0673

Pet Care / Rescue

Animal Housecall, Dr. Nancy Weagly, 456-0967

Animal Place, 3448 Laguna Creek Trail, Vacaville, 707-449-4814

Clip Shop, 2631 A Riverside Blvd., 447-0393

Faux Paw Kennels, Adopt A Pet, 9204 Florin Rd., 988-6225

Fur People Pet Sitting, 457-1655

Happy Tails Pets, 556-1155, www.happytails.org, Box 161944, Sacramento, CA 95816-1944

Labrador Retriever Rescue, 209-951-3697, cc-labrescue.org

Waggin Tails K9 Waste Removal, 987-8587, 800-POOP-SCOOP

Watt Avenue Pet Hospital, 3321 Watt Ave. Suite 109, 462-4084

Real Estate

Kelly Foley, 5252 Sunrise Blvd., #6, 631-7261

Charon Jenner, Cook Realty, 4305 Freeport Blvd., 763-1781

Bill Jenkins, McMartin Realty, 2407 J St., 447-1600

Brian McMartin, McMartin Realty, 2407 J St., 447-1600

Don Rossignol, McMartin Reality, 2407 J St., 425-4017

George Lingonis, McMartin Reality, 2407 J St., 803-1630

Greg Brooks, McMartin Reality, 2407 J St., 447-1600

Levi Berkert, McMartin Reality, 2407 J St., 447-1600

Luis Sumpter, McMartin Reality, 2407 J St., 718-5888

Mike Ownbey, McMartin Reality, 2407 J St., 616-1607

Nicholas Jardine, McMartin Reality, 2407 J St., 803-1630

Pfingst Realty, 9978 Folsom Blvd., 362-1166

Craig Wetterer, Whisler Land Co., 446-6666

Mark Whisler, Broker, Whisler Land Co., 446-6666

Jack Maple, CountryWideRealty, (888)865-4834 x.282

Remodeling

Cherry Home Improvement, 933-0506

Restaurants

City Treasure, 1730 L St., 447-7380
Dos Coyotes Border Cafe, 1735 Arden Way, 927-0377
Greek Village Inn, 65 University Ave., 922-6334
Sacramento Brew Pub, Town & Country Village, 485-4677

Sacramento Info

MGW: mgnews.com
Sac. Police Dept.: sacd.pd.org
Sac. Maps: citymaps.sacto.org
Sacramento.com

Shelters

WIND Center For Homeless Teens, Lynette Lyons, 300 Ahern St., 443-1386

Signs

Sign-A-Rama, 3017 Arden Way, 564-4299

Stereo Repair

Ray's Auto Stereo & Alarms, 1925 F St., 447-9753

Therapists

Bruce Gunn, MFCC #M19480, 418 Alhambra Blvd., 443-7171
Sandra Warne, MFCC#30585, 300 University Ste. 218, 568-1025

Thrift Store

MCC Out Of The Closet Thrift Store, 3230 Broadway, 454-5019
Sutter Hospice/Roseville, 2120 Harding Blvd., 783-5509

Translators

Access Language Connection, 1617 2



MGW Calendar

OCTOBER

1 WEDNESDAY
SAC VALLEY BEARS MEETING; Club 21, 1211 21st st, 393-4748

2 THURSDAY
WOMEN CONNECTING; LBT Women's Group, 7-8:30pm, 2400 Glendale Ln, Wyndance Cntr, Sac; 973-2838
TRUE COLORS WOMEN'S CHORUS; Recruiting Singers, Rehearsals, 7-9pm; truecolorchorus@aol.com
LEZ BE FRIENDS; Lesbian Discussion Group, 7:30-9pm, Lambda Center, krrn58@msn.com

3 FRIDAY
LEZ BE FRIENDS; Lesbian Discussion Group, 7:30-9pm, Lambda Center, krrn58@msn.com

4 SATURDAY
WEAVE FUNDRAISER; Black & White Gala, 5:30 pm, Convention Cntr; 319-4910
CROCKER UNCORKED; Wine Auction & Gourmet Dinner, Crocker Art Museum; 264-7382
MAGIC WORKSHOP; Carmichael Park Clubhouse, 9 noon, ages 7-17; carmichaelpark.com
AIDS PLANTS SALE; Benefit Plant Sales, 9-6pm, 21st btwn X & W; 429-8315
CHILDREN'S CLOTHING AND EQUIPMENT SALE, 9am-1pm, American River Community Church, Sacramento Mothers of Multiples Club; 725-TWIN
WILD AFFAIR, Fundraiser, 5-10pm, Sacramento Zoo; 264-7443
WOMEN'S POTLUCK & PINOCHLE, 5pm, DOT, 359-8462
POINT REYES PICNIC; GLS; 427-7124
TAHOE KOKANEE FESTIVAL; GLS; (530) 885-8596

5 SUNDAY
SKATE DATE; Lambda Legal Fundraiser, 6-8pm, Foothill Skate, 4700 Auburn Blvd., lambdalp@aol.com
AIDS PLANTS SALE; Benefit Plant Sales, 9-3pm, 21st btwn X & W; 429-8315
AUTO SWAP MEET; Towe Auto Museum, 6am-1pm, 21st btwn W&X; 442-6802
SAC LEATHERMEN BREAKFAST; SVL Monthly Breakfast; svl_club@yahoo.com
BIKE LAKE TAHOE; GLS; 736-1430

6 MONDAY
HIV NUTRITION, Nutrition Specialist Margie Erwin, 6-7:30pm, CARES, 917-6285

7 TUESDAY
SPECIAL ELECTION... REMEMBER TO VOTE!

8 WEDNESDAY
SEEKING SOPHIA; Workshop, Myth and Mystery of Holy Feminine In Our Lives, 7 pm, Parkside Community Church, 421-0492
SAC. INTERNAT'L GAY AND LESBIAN FILM FESTIVAL, 7pm, Oct 8-12; siglf.org

9 THURSDAY
DINNER & AUCTION; Fundraiser, Wellspring Women's Center, 6pm, Sterling Hotel, 1300 H St; 454-9688
TONY HAWK; Boom Boom Huck Jam, 7pm, Arco Arena; 649-8497
WOMEN CONNECTING; LBT Women's Group, 7-8:30pm, 2400 Glendale Ln, Wyndance Cntr, Sac; 973-2838
TRUE COLORS WOMEN'S CHORUS; Recruiting Singers, Rehearsals, 7-9pm; truecolorchorus@aol.com
LEZ BE FRIENDS; Lesbian Discussion Group, 7:30-9pm, Lambda Center, krrn58@msn.com
WOMENS DAY; Over 40 Workshops Offered By The Sac Bee, Sac Convention Center, 326 - 5554

10 FRIDAY
DINING OUT W/ GLS; 6pm, Gay and Lesbian

The 24th annual "Women Take Back the Night" will take place Saturday Oct. 11 on the North Steps of the California State Capitol on L Street, between 12th and 10th Streets begins at 6pm

Sierrans; 443-6114 (9am-9pm)
LEZ BE FRIENDS; Lesbian Discussion Group, 7:30-9pm, Lambda Center, krrn58@msn.com

11 SATURDAY
HAPPY NAT'L COMING OUT DAY!
COMING OUT DAY PROGRAMMING; Sundance channel, sundance.com
IT'S REIGNING CATS & DOGS; Sac SPCA Black & White Tie Fundraiser, Convention Cntr; sspca.org
ANGEL ISLAND DAY HIKE; GLS; 421-6209
YOUTH LEADERSHIP TRAINING; GSA & GLBT Youth Leadership Training, 9-4pm, Sac GLSEN; sacglsen@yahoo.com
MARCH AGAINST VIOLENCE, Take Back the Night, 6pm; North Steps of Capital, 319-4927

12 SUNDAY
AIDS PLANTS SALE; Last monthly Benefit Plant Sale, 9-3pm, 18th & J st; 429-8315

16 THURSDAY
WOMEN CONNECTING; LBT Women's Group, 7-8:30pm, 2400 Glendale Ln, Wyndance Cntr, Sac; 973-2838
LEZ BE FRIENDS; Lesbian Discussion Group, 7:30-9pm, Lambda Center, krrn58@msn.com

17 FRIDAY
LEZ BE FRIENDS, Lesbian Discussion Group, 7:30-9pm, Lambda Center, krrn58@msn.com

18 SATURDAY
MONGREL MASH; Sac Animal Care Services, 10-2pm, William Land Park, Happy Tails; 978-3109
PUMPKIN FESTIVAL; Half-Moon Bay Art & Pumpkin Festival, 10am-5pm, Oct 18-19, (650) 726-9652
WOMEN'S GAME NIGHT & POTLUCK, 4:30pm, DOT; 361-1495

19 SUNDAY
MAKING STRIDES AGAINST BREAST CANCER; American Cancer Society Walk, 8-10am, West Steps of Capital; 446-7933 x 305

SERVICE OF REMEMBRANCE; 3pm, St. John's Lutheran Church, 1701 L St, Sacramento PFLAG; 978-0410

BRISK RUN THROUGH THE PARK, Sac Zoological Society, 7am-noon, William Land Park, Sacramento Zoo; 443-6223

20 MONDAY
LESBIAN CANCER SUPPORT GROUP; 6:30-8pm, Uptown Studios, 912 1/2 J St., 920-7870, roxanne1040@aol.com

21 TUESDAY
2003 HARVEST DINNER; Interfaith Service Beareau, 5:30pm; Sac Japanese United Methodist, 536-1554

23 THURSDAY
WOMEN CONNECTING; LBT Women's Group, 7-

truecolorchorus@aol.com
LEZ BE FRIENDS; Lesbian Discussion Group, 7:30-9pm, Lambda Center, krrn58@msn.com
ANNUAL AWARDS GALA; Shanti's 29th Gala Supporting People With Life-Threatening Illnesses, 6:00 pm, Merchants Exchange Julia Morgan Ballroom, (415) 674 - 4764

24 FRIDAY
CAPPAC DINNER, Fundraiser w/ Sen. Boxer, 5-8pm, Tsakopoulos Library Galleria; johnwb50@yahoo.com
BISEXUAL/BI-CURIOS MEN'S CONFERENCE; Oct 24-26, Radisson San Diego Hotel; bisexual.org/
LEZ BE FRIENDS; Lesbian Discussion Group, 7:30-9pm, Lambda Center, krrn58@msn.com

25 SATURDAY
MYSTERY DAY HIKE; GLS; 549-3354

26 SUNDAY
BIKE RIDE FROM CSUS; GLS; 359-8076

28 TUESDAY
MANS MEETING; Men Au Naturale Sacramento; 30 THURSDAY
WOMEN CONNECTING; LBT Women's Group, 7-8:30pm, 2400 Glendale Ln, Wyndance Cntr, Sac; 973-2838
TRUE COLORS WOMEN'S CHORUS; Recruiting Singers, Rehearsals, 7-9pm; truecolorchorus@aol.com
LEZ BE FRIENDS; Lesbian Discussion Group, 7:30-9pm, Lambda Center, krrn58@msn.com

31 FRIDAY
HAPPY HALLOWEEN!
BOO AT THE ZOO, Kids Trick or Treat, 5:30-8:30pm, Sacramento Zoo, 264-5888

THEATRE / DANCE / ORCHESTRA

BROADWAY PLAYHOUSE; 4010 El Camino Ave, Sac; 452-5995
CALIFORNIA MUSICAL THEATER; 1419 H St., 557-1999
FOOTHILL THEATRE COMPANY; 530-265-8587
GARBEAU'S DINNER THEATRE; "Murder at Howard Johnson's"; Thru-Oct 5, Thurs-Sat 6pm, Sun 1pm; 12401 Folsom Blvd, Sac; 985-6361
LUTHER BURBANK THEATER; Best of Broadway's "Big City Lights", thru Sept 27, Fri-Sun; 3500 Florin Road; 974-6280
MONDAVI CENTER; Mark Morris Dance Group, Sept 16, 8pm, Jackson Hall; Russell Malone and Benny Green "Live at the Bistro" Sept 16-18, 8pm, Sept 19&20, 9:30pm; "Scrap Arts Music" Sept 28, 2pm; "Shaolin Warriors" Oct 2, 8pm, Jackson Hall; "Hip-Hop Theater" Oct. 1-5, Wed-Sat 8pm, Sat & Sun 2pm, "Facing Mekka" Oct. 10&11, 8pm, Jackson Hall; "Ladymith Black Mambazo" Oct 14, 8pm, Jackson Hall; 866-754-ARTS, mondaviarts.org
MUSIC CIRCUS; 1419 H St, 557-1999
NEW CONSERVATORY THEATRE CENTER; "Kilt," Thru - Oct 12; Wed-Sat 8PM, Sun 2pm; 25 Van ness Ave, SF; (415) 861-8972 nctcsf.org
SAC COMMUNITY CENTER; "42nd Street" Oct 1-12; "Flower Drum Song" Nov 5-16; Rob Becker's "Defending the Caveman" Dec 27-Jan 4'04; "Dreamgirls" January 28-February 8'04; "Giselle, February 19-22'04; "Thoroughly Modern Millie" May 1-6'04; "The Producers" June 9-July 4'04; sacbroadwayseries.com
SAC OPERA; Verdi's "La Traviata" Sept 19 8pm, Sept 21 2pm, Sept 23 7:30pm; 13th & L St; 737-1000
SAC THEATER COMPANY; "Arcadia" Oct 11-Nov. 2, Tues & Weds 6:30pm, Thur 12:30 & 8pm, Fri & Sat 8pm, Sun 2pm; "Santaland Diaries" Nov 15-Jan 18'04; "Little Prince" Dec 6-18; "Two For The Seesaw" Jan 24-Feb 15'04; "Arranged Marriage" Feb 21-April 25'04; "Convenience" March 13-April 4'04; sactheatr.org
THEATRE RHINOCEROS; "Sleeping with Straight Men" Thru October 4; "Worse than Chocolate" Oct 16- Nov 8; "Christmas with the Crawfords" Nov 20- Jan 3'04; "A Love Story" May 8-June 7'04; 2926 16th St., SF, therhino.org
THE WOODLAND OPERA HOUSE; The Rainmaker, Thru-September 28, Annie, November 14-December 14, Private Lives, January 23-February 22'04, Ragtime, April 2-May 2'04, Stress Test, June 12'04, The Lion in Winter, May 21-June 20'04, Footloose, July 18 - August 3'04; 340 Second St., Woodland. wotheatre.org.
WELLS FARGO PAVILLION; 557-1999
WM J GEERY THEATRE; The Lambda Players "Trolling", Sept 19-Oct 18, Thurs-Sat 8pm, Sun 2pm; 484-4742

MASTER EVENTS CALENDAR

S.F. Harvey Milk and George Moscone Killed	November 27, 1978
California Domestic Partners Law Anniversary	November 16, 2002
Folsom Street Fair San Francisco	September 28 2003
Sacramento Sierra Stampede, 978-4040	August 2003
Strawberry Music Festival strawberrymusic.com	August 28-September 1 2003
Sacramento Rainbow Festival 2003, 448-7798	Labor Day Weekend
Chico Pride Festival, chicopride2001@hotmail.com	September 2003
Sacramento Valley AIDS Walk	September 2003
Palm Springs Short Film Festival, www.palm-springs.org	September 16, 2003
Rosh Hashanah (begins at sundown)	September 26, 2003
National Coming Out Day	October 2003
Breast Cancer Awareness Month	October 2003
Yom Kippur (begins at sundown)	October 5, 2003
Interpride, www.interpride.org	October 2-5, 2003
Out on Film-The Gay & Lesbian Film Festival, www.palm-springs.org	October 2003
Indigenous People's Day	October 13, 2003
Daylight Savings Time Ends	October 26, 2003
Halloween	October 31, 2003
Greater Palm Springs Pride, www.palm-springs.org	November 1-2, 2003
Election Day (Please Vote!)	November 4, 2003
Veteran's Day	November 11, 2003
Happy Thanksgiving	November 27, 2003
Hanukkah (begins at sundown)	December 19, 2003
First Day of Winter	December 21, 2003
Merry Christmas!	December 25, 2003
Kwanzaa begins	December 26, 2003
New Year's Eve	December 31, 2003
New Year's Day	January 1, 2004
Palm Springs International Film Festival , www.palm-springs.org	January 8-9, 2004
Sacramento Freedom Fair, 442-0185	June 14, 2004
San Francisco Lesbian & Gay Film Festival, 415-703-8650	June 2004
First Day of Summer	June 21, 2004
Los Angeles Pride Parade, www.lapride.org	June 22, 2004
San Francisco Pride Parade, 415-864-0831, sfpride.org	June 28-29, 2004
Sweden Gay Pride, www.visit-sweden.com	July 30-August 3, 2004
Montreal's GLBT Celebration, diversite.org	August 2004
Michigan Womyn's Music Festival, 231-757-4766.	August 2004
Provincetown GLBT Family Week, 619-296-0199, familypride.org	August 2004
S.F. Castro Street Fair, 415-467-3354	October 2004

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2400+ sq. ft., Roseville Retail/Industrial Suite
Located in MTA Industrial Park Reception Area, with upstairs office, kitchen area with refrigerator, microwave and sink. Separate A/C units for warehouse and office areas.

To view this retail/industrial Suite, call Bill McJunkins at 916.501.7486

Offered at \$295,000



Elegant Curtis Park

This home boasts 3 large bedrooms, 2 & 1/2 baths. Formal living room with fireplace, large windows and french doors to private courtyard. Formal dining room with french doors to lavishly landscaped backyard with pool, hot tub, and oversized office/game room. Remodeled kitchen with stainless appliances, marble floors, tile counters and granite accents.

To view this entertainers dream, call Luis at 916.455.2188

Offered at \$689,000



Bamboo Terrace in Midtown

A tastefully updated cottage in the heart of Midtown Sacramento! This Midtown cottage contains the quaintness of an early 20th Century home with all the modern amenities. The home contains 2 bedrooms and 2 updated baths; hardwoods grace the living room of this adorable cottage; updated kitchen; and skylights keep this home well lit. Gorgeous Tier Decking in the back. One block from R Street Corridor & 1/2 Block from RT Light Rail! Make "Bamboo Terrace" yours today!

For more information, please contact Brian McMartin 447-1880



South Natomas Gem

This beautiful 3 Bedroom, 2 Bath Home is located in a very desirable South Natomas neighborhood. Updated throughout, front and rear landscaping, newer heating and air, fireplace, 1555 sq. ft., convenient to downtown. Here are some other amenities: Near bike and walking trail, New Karastan Berber carpet throughout, Ceramic Tile kitchen countertops, Recessed lighting in most rooms, Marble tile entry, kitchen and bathroom flooring. Vaulted ceiling in living room/dining room, Large marble shower in master bedroom and Upgraded lighting.

To view this gem, call Mike Ownbey at 916.616.1607

Offered at \$269,000

We have a Realtor for all your Real Estate needs...



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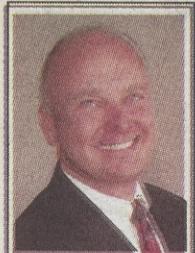
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